



Program Description

PURE is a 12-week program designed to encourage young women to discover the beauty of their purpose and celebrate the uniqueness of their identity. PURE is designed to reinforce to its participants their value and the value of their gender in such a way that influences them to view themselves and their counterparts in a positive light. PURE deconstructs society's shallow perspective of women, while rebuilding their worth and encouraging young women to make life decisions that catapult them into their greatness, and steer them away from being "at-risk". This program includes:

- 36 hours of intensive prevention and life skills training
- One female onsite facilitator (Life Guide)
- Snacks
- One (1) field trip, including dinner and transportation (if permitted by partner site)
- Students will participate in a community service learning activity/project
- Award ceremony for program completion

Anticipated Results:

- Improved self-esteem and sense of purpose
- Improved skills in decision making as it relates to healthy boundaries and relationships
- Improved academic performance and spatial intelligence
- Improved social behavior with parents, teachers and classmates
- Increased understanding of the importance of personal and community responsibility